



DEVARANA  
SPA

## SIGNATURE PACKAGE

### **The Heavenly Nantha Garden Experience (2.5 hours)**

**RMB 1,880**

In the work of ancient Thai literature called Tribhumpharuang, Nantha was described as a garden situated at Heaven's gate, with magical flowers, fruits and herbs. Devarana Spa's signature treatment brings the divine Nantha Garden to life by mixing fresh indigenous fruits, flowers and leaves with aromatic blends of ylang ylang and jasmine to create a truly heavenly experience. With the essence of flowers and plants, this soothing treatment comforts your skin and uplifts your mind through the Devarana Bath and Devarana Body Scrub. Complete the unforgettable rejuvenation with the Devarana Massage that combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and Aromatherapy influences for the ultimate in relaxation and pampering.

### **The Harmony of Tad Si - The Traditional Thai Medicine (2.0 hours)**

**RMB 1,480**

An ancient Thai therapy is based on the Buddhist teaching that the human body is composed of Tad Si or four elements of earth, water, wind and fire. Traditional Thai medicine also believes that diseases are caused due to two main reasons: first, an imbalance of the four elements in the body, and second that the mind is governed by 'ego' and ego leads to unhealthy emotions of attachment, aggression and obscuration that can disturb the body harmony. The Harmony of Tad Si combines a Thai herbal compress dipped into aromatic oil tailored to each guest's body element, with Thai Massage, incorporating pressure point and stretching techniques to relax muscles, relieve soreness, promote circulation and stimulate the nerve meridians of the body.

### **Yin Yang Sanctuary (2.5 hours)**

**RMB 1,780**

Traditional Chinese Medicine believes that human body is composed of Yin which is translated as "the dark and cold part" and Yang which is interpreted as "the bright and colorful side". TCM is also believes that the healthy body and mind are achieved through the balance of Yin Yang life force. This equilibrium can be disturbed by influences within the body such as anger, grief or joy. Yin Yang Sanctuary program are the modern inspiration designed to rebalance these two opposite energies within us.

Treatment starts with Chinese herbs body scrub mixing ginger, wolfberry, and Chrysanthemums flower together with black and white sesame seed, followed by warm ginger back compress and completed the program with Aromatic Tui Na Inspired Massage.

*Devarana Spa Conghua, Guangzhou*

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## MASSAGE (a la carte)

### **Ayurvedic Head Massage (60 minutes)**

**RMB 580**

A traditional Ayurvedic oil massage for the head, neck and shoulders. Some of its many benefits include strengthening the hair roots, nourishing the scalp and releasing the flow of prana or energy through the entire body. Ideal for relieving stress and promoting a restful sleep.

### **Ginger Compress & Back Massage (60 minutes)**

**RMB 680**

Focusing on the neck, shoulders and upper back, this massage places lightly steamed gingers on the back and lets their heating effect to relieve aches and pains as well as stimulating blood circulation. After the compress, soothing hand movements work into the muscle and soft tissue to relieve stress and tension.

### **Reflexology Foot Massage (60 minutes)**

**RMB 580**

After cleansing the feet with a refreshing salt scrub, pressure is systematically applied to stimulate the nerve reflexes in the feet. These points correspond to all major body parts and organs, improving total body functioning and restoring balance and harmony to the body.

### **Aromatic Detoxified & Contoured Massage (90 minutes)**

**RMB 1,100**

A light, calming massage using specifically formulated slimming oils to fight the accumulation of cellulite and water retention. Lymphatic drainage technique is applied to help the body eliminate toxins, followed by contouring massage to assist in body slimming. Highly recommended in combination with any detoxifying treatments.

### **Abhyanga Massage (90/120 minutes)**

**RMB 1,100/1,380**

Warm aromatic oil is gently poured along tense muscle lines, engaging a smooth long stroke massage with a medium pressure to stimulate blood circulation, and is followed by light pressure in circular movements at marma points to unblock 'prana' energy at the vital meridians. These Ayurveda techniques enhance deeper sleep at night and promote a healthy and luminous complexion.

### **Devarana Signature Massage (90/120 minutes)**

**RMB 1,280/1,480**

Exclusive to Devarana Spa, this unique massage combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and Aromatherapy influences for the ultimate soothing and pampering experience. The signature massage comes together with a bowl of hot water with freshly sliced lime and orange for respiratory clearing.

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## MASSAGE (a la carte)

### **Shilomi Massage (90/120 minutes)**

**RMB 1,100/1,380**

A wonderful therapeutic and energising body work combined deep tissue, Shiatsu and Lomi Lomi massage techniques on the deepest layers of muscles, using a unique oil blend. Tensions and muscle pains are melted away. Excellent for those who enjoy strong invigorating massage.

### **Swedish Massage (90/120 minutes)**

**RMB 1,100/1,380**

This ultimate relaxing massage uses long, soothing strokes to induce relief from stress and tension, while stimulating blood circulation. Pressure can vary from soft to medium, in accordance to your personal preference.

### **Traditional Thai Massage (90/120 minutes)**

**RMB 1,100/1,380**

The traditional Thai massage blends a strong and invigorating massage, using deep finger pressure point, with a passive body stretching to alleviate muscle fatigue and tension. Performed on Traditional Thai mattresses without oil, this full body massage reduces tension, improves flexibility and provides an excellent inner balance.

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## **FACIAL (a la carte)**

### **Replenishing Marine Facial (60 minutes)**

**RMB 780**

A mineral-rich facial designed to rehydrate and replenish the skin, leaving it gloriously renewed. Using several different kinds of seaweeds with aromatic oil and plant extracts, this wonderful maritime face rejuvenation is very gentle even for sensitive skin.

### **Soothing Sea for Men (60 minutes)**

**RMB 780**

Recommended for skin care that keeps men looking healthy and handsome, here's a refreshing facial using seaweed, aromatic oil and plant extracts, precisely tailored for men, to deeply cleanse the skin, enhance the moisture balance and restore natural radiance, for that fresh and revitalized appearance.

### **Ultimate Oxygen Whitening Facial (90 minutes)**

**RMB 1,100**

Exclusive marine oxygen peel off mask combines oxygen complex and phyto-nutrients enriched with vitamins and minerals. It immediately purifies, brightens, oxygenates and comforts, leaving the skin firm, luminous, youthful and radiant.

### **Thermo Maritime Anti-Aging Facial (90 minutes)**

**RMB 1,280**

The luxurious anti-aging remedy from the marine source of skin treasure, the powers of marine DNA and antioxidant nutrients amazingly work to replenish facial skin, soften fine lines and wrinkles while improving skin elasticity. The mineral-rich thermal mask allows active ingredients to penetrate deeper into the dermis. Enriched maritime moisturizer is generously applied to complete this wonderful treat. The immediate result is a very soft and smooth younger looking skin.

*\*Pre-purchase 3 treatments and receive a complimentary 4th treatment.*

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## **BODY SCRUB (a la carte)**

### **Lavender Body Scrub (60 minutes)**

**RMB 660**

Lavender is not only remarkable for its aromatherapy benefits, but is also excellent for effective skin care. Enriched with natural vitamins and moisturizers, a lavender scrub induces relaxation with its soothing aroma, and at the same time gently cleanses, exfoliates and nourishes the skin, leaving your skin smooth, and velvety refreshed with a radiant glow.

### **Green Tea & Seaweed Body Scrub (60 minutes)**

**RMB 660**

A moisturizing and detoxifying body scrub recipe singles out the healing property of green tea to protect skin from sun damage with excellent antioxidant property of seaweed, working as a mild detoxifier to stimulate skin toning and provide skin elasticity. Peppermint oil assists in relaxing and refreshing benefits. The end-result is skin so smooth, soft and invigorated.

### **Mangosteen Peel Body Scrub (60 minutes)**

**RMB 660**

Known as the “Queen of the Fruits” for its many qualities and benefits, mangosteen peel contains generous amounts of antioxidant and antibacterial properties as well as condensed tannin to tighten skin pores, gently decrease wrinkle lines and prevent pimples. Soften skin and gives it a remarkably lovely glow.

### **Rose Petal Body Scrub (60 minutes)**

**RMB 660**

Legendary for its unsurpassed beauty and delicate fragrance, rose petal has long been used for softening and rejuvenating skin. Its rich, nourishing and soothing properties help control thread veins, heal wounds and induce skin elasticity, making your skin smooth, fresh and well-nourished with uplifting aroma. Superb for anti-ageing.

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## BODY WRAP (a la carte)

### **Algae & Caffeine Slimming Wrap (60 minutes)**

**RMB 780**

Seaweed extracts, essential oils and fresh coffee act to remineralise the vascular and lymphatic systems, providing a highly effective treatment against cellulite. The high iodine content of this pack also helps to stimulate the metabolism, encouraging detoxification and aiding weight reduction.

### **Blue Lotus Hydrating Wrap (60 minutes)**

**RMB 780**

This ultimate soothing and rejuvenating body wrap blends blue lotus extract with aloe gel. Blue lotus extract rich in vitamins and minerals, amino acid and antioxidants is one of the most potent anti-aging botanicals. It helps strengthen skin protection against free radicals, while aloe gel seals in moisture as it soothes, calms and repairs the skin. The overall effect is that of equilibrium and a harmoniously relaxed feeling.

### **Sea Mud & Sweet Pepper Toning Wrap (60 minutes)**

**RMB 780**

Enriched with sweet pepper extract, a powerful source of vitamins and antioxidants, this mineral-rich sea mud wrap leaves the skin toned and firmed while refreshing and energizing the body. This superb body beautifier also helps reduce the appearance of cellulites and fluid retention.

## WATER TREATMENT (a la carte)

*(Available only in conjunction with other treatments)*

### **Luxury Coconut Milk Bath (30 minutes)**

**RMB 400**

For all skin types, this romantic coconut milk bath, filled with fresh flowers and leaves, creates harmony and an unforgettably relaxing sensation. It soothes the emotions whilst softening and nourishing your skin, leaving it feeling silky smooth and lightly scented with a classic floral fragrance.

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## PAMPERING PROGRAMME

### **Living Radiance (2.0 hours)**

**RMB 1,480**

Restore the skin's natural radiance with a body scrub that exfoliates and smoothes the skin, followed by a 90-minute body massage, using natural essential oil blends.

### **Devarana Touch of Heaven (2.5 or 3.0 hours)**

**RMB 1,780/2,180**

Our most popular package. A heavenly relaxing combination of a 60 or 90-minute facial and a 90-minute body massage provides a sense of renewal for face and body.

### **Traveler Recovery Pack (3.0 hours)**

**RMB 2,180**

A jet lag cure that relieves weary body, stiffness, aches and pains from flights and travelling with a Sea Mud & Sweet Pepper Wrap, a Swedish Massage and a 30-minute Refreshing Facial selected for your skin type.

### **Ultimate Glow (3.0 hours)**

**RMB 2,180**

Tailored for those seeking healthier and clearer complexion and a stress free body. Indulge with a facial and body scrub, and complete the pampering with a 90-minute massage.

### **Half Day Harmony (5.0 hours)**

**RMB 3,380 per person  
RMB 6,480 per couple**

Luxuriously designed to give you an ultimate relaxing experience. Start with an aromatic Thai herbal sauna, floral bath, body scrub, a 90-minute massage, a 90-minute Facial and Reflexology Foot Massage.

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### **Arrival Time**

Please check in at Spa Reception at least 15 minutes prior to your scheduled appointment. Arriving late will result in a reduction of treatment time.

### **Cancellation Policy**

Because treatments are reserved especially for you, appointments cancelled with less than 6 hours notice will incur a cancellation fee of 50% of the reserved treatment price. The full reserved treatment price will be imposed for a 'no show'.

### **Gift Certificates**

Gift Certificates for spa treatments and retail products are available for purchase.

### **Payment**

Cash and all major credit cards are accepted.

### **Refund**

Spa treatments and spa memberships are non-refundable, non-transferable and non-exchangeable unless otherwise stated.

### **Spa Protocol**

We kindly request that mobile phones be turned to silent mode and that noise be kept to a minimum to allow all guests to enjoy the serenity of the spa. Children under 15 years are not permitted in the spa. Smoking and consumption of alcohol in the spa is not allowed.

### **Special Considerations**

Before undertaking spa treatments, please consult your health practitioner if you have any medical conditions such as high blood pressure, heart condition or any other medical complication. Guests are asked to complete a health questionnaire. Please advise reception if you have any health issues or concerns.

### **Contact Lenses**

We recommend you to remove your contact lenses before your facial treatment. Please bring your own case and solution for lenses.

### **Valuables**

Jewelry and valuables may be placed in secured drawers in treatment rooms; however we recommend that no jewelry be worn in the spa. The management accepts no responsibility for the loss of money or valuables brought into the spa.

### **Accidents or Injuries**

Devarana Spa Conghua, Guangzhou shall not be liable for any accident or injury suffered by any member or guest.

### **Extra Time**

We offer private changing and showering facilities in each of our treatment rooms. Kindly note that all Spa treatments have an additional 15-minute Relaxation Time, which comprises a welcome footbath & post-treatment refreshments and 15-minute for changing and showering. Extra time is charged at RMB 150 for each 15-minute or part thereof. Please let us know in advance if you require extra showering or changing time so that we may reserve your room.

